

DAY 1: Monday, 19th March 2012

TIME	PROGRAMME					
8.30 - 9.15am	P1: Social determinants of health in the ageing evolution <i>Dr John Beard (World Health Organization, Geneva)</i> Chairperson: Dato Dr Jeyaindran Conference Hall 2					
9.15 - 10.00am	P2: Alzheimer's disease - Why does it matter to everybody and what we are doing about it? <i>Prof David Ames (National Ageing Research Institute, Australia)</i> Chairperson: Prof Philip Poi Conference Hall 2					
10.00 - 10.30am	Morning Coffee Break / Exhibition & Posters Viewing Banquet Hall					
10.30 - 12.00pm	Opening & Keynote Address Evolution: Holistic Ageing in an Age of Change <i>Y.A. Bhg Datin Paduka Seri Rosmah Mansor</i> Conference Hall 2					
12.00 - 1.00pm	F1: Social Participation for Healthy Ageing – Sponsored Forum by HelpAge Social Participation Promoting healthy Ageing 1. Mr Eduardo Klien (Thailand) 2. Dr Prakash Tyagi (India) 3. Ms Susana Concorde Harding (Singapore) 4. Ms Meredith Wyse (Thailand) Chairperson: Dr Yau Weng Keong Conference Hall 1	F2: Role Models of Ageing My most important life lessons and regrets 1. Prof P. Bala (S'pore) 2. Datuk Dr Paddy Bowie (Malaysia) 3. Datuk Seri Dr T. Devaraj (Malaysia) Chairperson: Dato V. L. Kandan Conference Hall 2	S1: Wellness The path through Asian Health Traditions <i>Prof Gerry Bodeker (UK)</i> Chairperson: Dr Sivanewaran Poobalasingam Conference Hall 3	S2: Role of DNA Profiling and Genomics in Healthy Ageing Clinical Implications of Nutrigenomics <i>Dr Rajbans Singh (Malaysia)</i> Chairperson: Assoc Prof Johnson Stanslas Room 304 & 305	S3: Hear No Evil Speak No Evil (1) Rhinitis in the Elderly (2) Voice and Swallowing Problems in the Elderly (3) OSA in the Elderly (4) Hearing loss and rehabilitation in the Elderly 1. Dr Harvinder Singh 2. Prof Dr Rahmat Omar 3. Dr Balwinder Singh 4. Dr Yap Yoke Yeow (Malaysia) Chairperson: Dr Yap Yoke Yeow Room 306	W1: Silat (Traditional Malay martial art) Fundamental movements for health <i>Tok Guru Yaacob Abdullah Bakhtiar (Malaysia)</i> Chairperson: Dr. Amir Farid Room 307
1.00 - 1.45pm	PFIZER LUNCH SYMPOSIUM Conference Hall 2					
1.45 - 2.30pm	Lunch Grand Ballroom					
2.30 - 3.15pm	L1: Gastro Issues New Perspective in Non-Alcoholic Fatty Liver Disease <i>Assoc Prof Dr Loong Yik Yee</i> Chairperson: Dr Paul Yap Conference Hall 1	L2: Financial Economic Implications of Healthy Ageing <i>Mr Eduardo Klien (Thailand)</i> Chairperson: Dr Mary Wong Conference Hall 2	L3: Overview of Complementary Medicine <i>Dr Sivanewaran Poobalasingam (Malaysia)</i> Chairperson: Dato Steve Yap Conference Hall 3	L4: Managing Water Works -Sponsored Symposium by TENA All you need to know about incontinence <i>Prof Jan Paterson (Australia)</i> Chairperson: Ms Joyce Leong Whye Sook Room 304 & 305	L5: Genetics Molecular Genetics of Longevity <i>Prof Brian Morris (Australia)</i> Chairperson: Dr Rajbans Singh Room 306	O1: Psychology of Ageing (1) The effects of the Living Longer Living Stronger™ community strength training program on the incidence of social isolation in WESTERN AUSTRALIA (2) Early Dementia Questionnaire: A New Screening Instrument For Early Dementia In Primary Care Practice (3) Stress and mental health in early life are linked with physical health later in life (4) Healthy Aging and Memory Processing 1. Mr Nathan JT Trengove (Aus) 2. Dr Zurraini Arabi (M'sia) 3. Assoc Prof Kate Scott (New Zealand) 4. Dr Angelica Staniloiu (Germany) Chairperson: Dr Parameswaran Room 307

S4: Cardiometabolic - Sponsored Symposium by sanofi-aventis

- (1) Management of Hypertension in Elderly
- (2) Management of Glycemic Control

1. *Datuk Dr Haji Azhari Rosman (M'sia)*
2. *Emeritus Prof Dato' Dr Mustaffa Embong (M'sia)*

Chairperson: Assoc Prof Tan Maw Pin

Conference Hall 1

S5: Geriatric Storm

- (1) Role of geriatrics in acute care
- (2) Geriatric giants - current issues and challenges

1. *Assoc Prof Suresh Sahadevan (Singapore)*
2. *Dr P. Srinivas (M'sia)*

Chairperson: Dr Lee Fatt Soon

Conference Hall 2

S6: Older People as Social Capital in Active Ageing - Sponsored Symposium by ACAP

- (1) Intergenerational relationships in Indonesia
- (2) Aging alone, aging active: A study of older persons living alone in Singapore
- (3) Holehole Bushi, songs of the Hawaii cane field: Traditional roles of elders honored in documentary film
- (4) Older women as social capital in Korea

1. *Dr Tri Budi Rahardjo (Indonesia)*
2. *Dr Leng Leng Thang (S'pore)*
3. *Prof Dr Christopher R. Conybeare (USA)*
4. *Dr Donghee Han (Korea)*

Chairperson: Ms Thelma Kay

Conference Hall 3

S7: Musculo-skeletal issues

- (1) Ageing and the Musculo Skeletal System
- (2) The Surgeon and Ageing Patient
- (3) Ageing Surgeon and Surgical Practice

1. *Dr Vaikunthan Rajaratnam (S'pore)*
2. *Emeritus Prof Robert W.H. Pho (S'pore)*
3. *Prof P. Bala (S'pore)*

Chairperson: Dr Zanariah Othman

Room 304 & 305

S8: Final Goodbye

End of Life with dignity and comfort

1. *Dr Yau Weng Keong (Malaysia)*
2. *Dr Richard Lim (Malaysia)*

Chairperson: Mr K Siladass

Room 306

O2: Holistic Approaches to Healthy Ageing

- (1) Is Sleep Quality Related to Psychological Distress in the Elderly
- (2) Promoting Healthy Active Ageing
- (3) The Effect of Coresidence with an Adult Child on Depressive Symptoms among Older Widowed Women in South Korea: An Instrumental Variables Estimation
- (4) Working In Later Years: Voices From The Older Worker
- (5) Functional Capacity Of Middle Age And Elderly With Type 2 Diabetes Mellitus Following 16 Weeks Home Base Progressive Resistance Training.
- (6) Data Resources That Facilitate The Study Of The Aging In Complex Societies
- (7) The effect of stress inoculation training on psychological well-being in different identity style authors

1. *AssocProf Dr Rosdinom Razali (Malaysia)*
2. *Dr Sajedah Shaltoni (Dubai)*
3. *Dr Chetna Malhotra (S'pore)*
4. *Prof Dr Lan Gien (Canada)*
5. *Mr Arimi Fitri Mat Ludin (Malaysia)*
6. *Dr James McNally (USA)*
7. *Dr Mojgan Nicknam (Iran)*

Chairperson: Dr Tunku Muzafar Shah bin Tunku Jaafar

Room 307

4.45 - 5.45pm	<p>S9: Addiction Issues in Children and Teenagers</p> <p>(1) How big a problem is it and are the causes (2) Recognition and management of addiction problems among children and teenagers (3) Prevention of drug dependence</p> <p>1. <i>Dr Parameswaran (Malaysia)</i> 2. <i>Dr Sivakumar (Malaysia)</i> 3. <i>Assoc Prof Philip George (Malaysia)</i></p> <p>Chairperson: Prof Norlijah Othman</p> <p>Conference Hall 1</p>	<p>W2: Stress Management</p> <p>Eastern Approach to Stress Management</p> <p><i>Mr Devendra Singh Dewal (India)</i></p> <p>Chairperson: Mr Paul Jambunathan</p> <p>Conference Hall 2</p>	<p>W3: Longevity</p> <p>An overview of different yoga exercises for longevity</p> <p><i>Mr Manoj Kaimal (M'sia)</i></p> <p>Chairperson: Datuk Dr Prem Chandran</p> <p>Conference Hall 3</p>	<p>S10: Dementia & Depression</p> <p>(1) Pseudodementia Dilemma (2) Prevention and Management of Depression</p> <p>1. <i>Dr Prem Kumar (M'sia)</i> 2. <i>Prof M.P. Deva (M'sia)</i></p> <p>Chairperson: Dr Bharathi Vengadasalam</p> <p>Room 304 & 305</p>	<p>S11: Music Therapy</p> <p>(1) Music in Medicine - An Overview (2) Music Therapy Healing</p> <p>1. <i>Dr Sharon Chong (M'sia)</i> 2. <i>Dr Radhakrishnan (M'sia)</i></p> <p>Chairperson: Dr Sharon Chong</p> <p>Room 306</p>	<p>O3: Healthy Body in Healthy Ageing</p> <p>(1) Validity of Proxy-Reported Weight for Older Adults (2) Prevalence Of Alcohol Use And Associated Factors In Older Adults In South (3) Health problems of women aged 45 to 65 years who accompany clients in Maternity Teaching Hospital, Erbil City/Iraq (4) Alcohol Use And Associated Factor Among Older Adults In Northern Thailand (5) Self-perceptions of ageing and physical activity in older adults: Findings from The Irish Longitudinal Study on Ageing (6) Effects of aging on muscle strength and functional activities in male and female subjects</p> <p>1. <i>Dr Rahul Malhotra (S'pore)</i> 2. <i>Mr Karl Peltzer (South Africa)</i> 3. <i>Ms Kazhan Mahmood (Iraq)</i> 4. <i>Supa Pengpid (Ireland)</i> 5. <i>Dr Karen Morgan (Ireland)</i> 6. <i>Mrs I-Hsuan Chen (Taiwan)</i></p> <p>Chairperson: Prof Rozi Mahmud</p> <p>Room 307</p>
5.45 - 6.15pm	Evening Coffee Break / Exhibition & Posters Viewing Banquet Hall					
7.00 - 9.30pm	Congress Dinner Prince Hotel, Kuala Lumpur					

DAY 2: Tuesday, 20th March 2012

TIME	PROGRAMME					
7.45 - 8.30am	Laughter Therapy - Bring Out Your Inner Child <i>Ms Karen SZE THO (M'sia)</i> Room 304 & 305					
8.30 - 9.15am	P3: Healthy Ageing – from molecules to hormesis - Sponsored Plenary by MOHE <i>Prof Suresh Rattan (Denmark)</i> Chairperson: Dr P. Srinivas Conference Hall 2					
9.15 - 10.00am	P4: Investment in Health as Good Economic Policy for 21st Century Active Aging <i>Moderator: Dr John Beard (World Health Organization, Geneva)</i> 1. Dan Brindle (China) 2. Dr Antonio Dans (Philippines) 3. William Green (The Netherlands) Conference Hall 2					
10.00 - 10.30am	Morning Coffee Break / Exhibition & Posters Viewing Banquet Hall					
10.30 - 12.00pm	S12: Fitness and Ageing (1) Exercise Medicine <i>1. Dr Lee Chee Peng (Malaysia)</i> Chairperson: Dr Vaikunthan Rajaratnam Conference Hall 1	S13: Depression - A Mainstream Medicine Perspective (1) Detection and Management of Late Life Depression <i>Prof David Ames (Australia)</i> Chairperson: Prof M.P.Deva Conference Hall 2	S14: WFOT (1) Ageism and policy: A reflection on practices (2) Ageing in the 21st Century - How different will it be? (3) The Ageing Workforce - Benefit or Burden? (4) Ageing Mental Health Program in Thailand <i>WFOT -</i> 1. Prof E Sharon Brintnell 2. Dr Anne Carswell 3. Marilyn Pattison 4. Suchada Sakornsation Chairperson: Mr Thillainathan Krishnan Conference Hall 3	W4: Aged Friendly Cities <i>Dr John Beard (World health Organization, Geneva)</i> Chairperson: Assoc Prof Nathan Vytialingam Room 304 & 305	S15: Managing Stress in Children (1) "Minda Sihat Program" – An MOH initiative (2) parents role in managing stress in children 1. Dr Nurashikin (Malaysia) 2. Dr Toh Chin Lee (Malaysia) Chairperson: Assoc Prof Philip George Room 306	W5: Practical Hypnosis Quality Sleep with Hypnosis 1. Mr Peter Mabbut (UK) 2. Ms Sheila Menon (Malaysia) Chairperson: Ms Thanam Selva Room 307
12.00 - 1.00pm	W6: Dietary Needs & Challenges (1) Nutritional Needs for Healthy Longevity (2) Weight management - the Challenges (3) Chronic Diseases- Managing your Diet to Reduce Risk 1. Prof Dr Suzana Shahr (M'sia) 2. Ms Lee Ching Li (M'sia) 3. Ms Tan Yoke Hwa (M'sia) Chairperson: Ms Mageswary Lapchmanan Conference Hall 1	W7: Multi-Discipline Collaboration Bridging Primary and Secondary Care in Healthcare 1. Assoc. Prof Khatijah Lim Abdullah (M'sia) 2. Mr Thillainathan Krishnan (Malaysia) 3. Ms Malathi Karalasingam (Malaysia) Chairperson: Prof Jan Peterson Conference Hall 2	W8: Area of Chinese Medicine - Women's Health and Fertility (1) Traditional Chinese Medicine approach to Women's Healthcare Management (2) Ageing & Fertility 1. Dr Liow Sook Mee (M'sia) 2. Dr Khoo Mow Song (M'sia) Chairperson: Dr Sivanewaran Poobalasingam Conference Hall 3	F3: Controversies on Muscular-skeletal alignment (1) Geriatric Footcare causing back pain (2) Key to back pain is alignment 1. Dr. Stella Chai (M'sia) 2. Prof Michael T. Haneline Chairperson: Assoc Prof Manohar Arumugam Room 304 & 305	W9: Ayurveda Ayurveda Therapy for longevity <i>Dr Siby Chiramel (M'sia)</i> Chairperson: Dr Thambyrajah Room 306	W10: Diabetes Reversing Diabetes via Complementary Therapies 1. Dato' Steve Yap (M'sia) 2. Dr Mohamad Roji b Samidi (M'sia) 3. Dr Sharon Chong (M'sia) Chairperson: Dato' Steve Yap Room 307
1.00 - 2.30pm	LUNCH Grand Ballroom					

2.30 - 3.15pm

L6: Social - Sponsored Lecture by ACAP

Expanding work on volunteer opportunities for older adults in the face of global ageing

Prof Dr Kathryn Braun (USA)

Chairperson: Mr Chandra Kannan

Conference Hall 1

L7: Frailty

Exercise approaches for prevention of frailty

Prof Keith Hill (Australia)

Chairperson: Dr Yau Weng Keong

Conference Hall 2

L8: Mental Health

Psycho-social issues of Ageing and Mental Health

Prof M.P. Deva (Malaysia)

Chairperson: Dr Prem Kumar Chandrasekaran

Conference Hall 3

L9: Dental

Ageing and its effects on Oral Cavity

Dr Baby John (India)

Chairperson:

Room 304 & 305

O4: Innovations Towards healthy Ageing

- (1) Antihypertensive Effect Of Orthosiphon Stamineus Extracts In Spontaneous Hypertensive Rats: A Preliminary Study
- (2) Protective Effect Of Orthosiphon Stamineus Extract Against Acetaminophen - Induced Hepatotoxicity And Nephrotoxicity In Rats
- (3) Analysis of Prognostic Value of handgrip strength and its incorporation into the Comprehensive Geriatric Assessment in elderly Asian cancer patients
- (4) Sexual Desire, Sexual Dysfunction and the Ageing Adult: Some Concerns About Pharmacological Interventions

1. AssocProf Dr Ahmad Rashidi (Malaysia)
2. Dr Mohammad Zikri Ahmad (Malaysia)
3. Dr Amit Jain (S'pore)
4. Prof Scott Stewart (Canada)

Chairperson: Dr Md Shariful Hasan Sumon

Room 306

O5: Mind and ageing

- (1) Use Of Benzodiazepines And Antidepressants And risk Of Adverse Health Outcomes In Older People.
- (2) Caregiving - Rehabilitating Traumatic Brain Injury: Elderly Caregivers' Challenges
- (3) Risk factors involved in the default from depression treatment follow up among the elderly
- (4) Initial Findings of the Lived Experience For the Person At Home Following Admission of Their Spouse Into An Age Care Facilities

1. Dr Helman Alfonso (Australia)
2. Prof Dr Syed Tajuddin Syed Hassan (M'sia)
3. Prof. Rahmah Mohd Amin
4. Ms Lisa Hee

Chairperson: Dr Lim Poh Hin

Room 307

3.15 - 4.45pm	<p>W11: Legal Legal Implications at the End of Life</p> <p><i>Prof Norchaya bte Hj. Talib (Malaysia)</i></p> <p>Chairperson: Mr Navaseelan</p> <p>Conference Hall 1</p>	<p>W12: Work Evaluation – Workshop sponsored by Perkeso Disability and Ageing</p> <p><i>Ms Marilyn Pattison (Australia)</i></p> <p>Chairperson: Datuk K.Selvarajah</p> <p>Conference Hall 2</p>	<p>S16: Staying Productive over the life course – sponsored symposium by ACAP</p> <p>(1) Digital aging in Korea (2) The new gerontology for the 21st Century (3) Economic benefit of active ageing</p> <p>1. <i>Dr Donghee Han (Korea)</i> 2. <i>Dr Cullen T. Hayashida (USA)</i> 3. <i>Dr Aris Ananta (S'pore)</i></p> <p>Chairperson: Emeritus Prof Dr Takeo Ogawa</p> <p>Conference Hall 3</p>	<p>S17: Pain Symposium - East meets West</p> <p>Tips from pain expert, Accupuncture for chronic pain</p> <p>1. <i>Dr Mary Cardosa (Malaysia)</i> 2. <i>Prof Andrew Tiong (M'sia)</i></p> <p>Chairperson: Dr Lim Poh Hin</p> <p>Room 304 & 305</p>	<p>W13: Fall Yoga Therapy in Fall : Prevention and Rehabilitation</p> <p>1. <i>Mr Manoj Thakur (S'pore)</i> 2. <i>Dr Sivanewaran Poobalasingam (Malaysia)</i></p> <p>Chairperson: Prof Nagendra</p> <p>Room 306</p>	<p>W14: Meditation in Everyday Life</p> <p><i>Mr Devendra Singh Dewal</i></p> <p>Chairperson: Datuk Seri Dr T. Devaraj</p> <p>Room 307</p>
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4.45 - 5.45pm	<p>F4: Ageing Gracefully Through Ancient Sciences and Vasthu Sastra (Indian feng shui)</p> <ul style="list-style-type: none"> • Attracting healing energy into a house • Pyramid therapy • Using spiritual energy for healing <p>Mr T.Selva (M'sia)</p> <p>Chairperson: Mr Darren Atkinson</p> <p>Conference Hall 1</p>	<p>W15: Healthy, Green Living</p> <p>Awareness & avoidance of the 'sick building syndrome' and environmental toxins for a healthy, sustainable lifestyle</p> <p>Mr Matthias Gelber</p> <p>Chairperson: Y.M. Che Engku Mahirah</p> <p>Conference Hall 2</p>	<p>W16: Herbal Medicine</p> <p>The Importance of Evidence - Based Herbal Medicine for Health</p> <p>Dato' Dr M. Rajen(M'sia)</p> <p>Chairperson: Mr Devendra Singh Dewal</p> <p>Conference Hall 3</p>	<p>W17: Dental Health</p> <p>(1)Prevention of age-related deterioration of oral function through Orthodontics (2) Oral Health Care in Relation to General Well Being</p> <p>1. Dr Tine Hjorth (Denmark) 2. Dr Rajamani (Malaysia)</p> <p>Chairperson: Dr Baby John</p> <p>Room 304 & 305</p>	<p>06: Socio-community influences for Health Ageing</p> <p>(1) Increased risk for very low food security among Mexican-origin women born in Mexico (2) Do intergenerational transfers and co-residency with children reduce the need for Singaporeans to work into older age? (3) More healthy elderly with e-Health? (4) Life course socio-economic status and obesity among older Singaporeans (5) Is aging a problem or is it a problem of ageism? The views of the older adults in Hong Kong (6) The Potential Impact Of The Mental Capacity Act On The Elderly In Singapore (7) Stress and Trauma Recovery of Elderly Post 2010 Merapi Eruption : a case study</p> <p>1. Prof Joseph Sharkey (USA) 2. Dr Treena Wu (S'pore) 3. Prof Henrique Gil Gil (S'pore) 4. Dr Rahul Malhotra (S'pore) 5. Dr Mimi Mei Ha Tiu (HK) 6. Ms Sumytra Menon (Singapore) 7. Dr Ni Wayan Suriastini</p> <p>Chairperson: Dr Parameswaran</p> <p>Room 306</p>	<p>07: Exploring Community Initiatives</p> <p>(1) Predictors of institutionalization among dementia patients in Malaysia (2) Height Of Chair Seat Influenced Thirty-Second Chair Stand Test In Community Dwelling Older Adults (3) Determinants of Glycaemic Control in Older Persons with Type 2 Diabetes: Data from the Adult Diabetes Control and Management Registry (4) Partners in Positive Ageing - model of wellbeing for older people (Student PhD) (5) Holistic Ageing for Older Women (6) Retirement Intention, Retirement Planning and the Psychological Well-Being of Pre Retirees in Malaysia</p> <p>1. Ms Azlina Wati Nikmat (Malaysia) 2. Ass Prof Yi Liang Kuo (Taiwan) 3. Dr Sazlina Shariff-Ghazali (Malaysia) 4. Ms Josephine Boylan (Aus) 5. Dr Kanwaljit Soin (S'pore) 6. Dr Nor Wahiza Abdul Wahat (Malaysia)</p> <p>Chairperson: Dr Sivakumar</p> <p>Room 307</p>
5.45 - 6.15pm	Evening Coffee Break / Exhibition & Posters Viewing Banquet Hall					
7.00 - 9.30pm	Social Night at BAKITA					

DAY 3: Wednesday, 21st March 2012

TIME	PROGRAMME				
8.00 - 8.30am	<p>Laughter – The Best Medicine <i>Ms Karen SZE THO (M'sia)</i> Conference Hall 1</p>				
8.30 - 9.15am	<p>P5: Secrets of the Okinawan Centenarians' Longevity <i>Prof Emeritus Makoto Suzuki (Japan)</i> Chairperson: Prof Dato' Dr (Mrs) S.T. Kew Conference Hall 2</p>				
9.15 - 10.00am	<p>P6: What it takes to develop Traditional Herbal Medicine to meet Unmet Clinical needs <i>Prof Tommy Cheng Yung-chi (USA)</i> Chairperson: Assoc Prof Johnson Stanslas Conference Hall 2</p>				
10.00 - 10.30am	<p>Morning Coffee Break / Exhibition & Posters Viewing Banquet Hall</p>				
10.30 - 12.00pm	<p>S18: Practical Hypnosis in Depression</p> <p>1. Mr Peter Mabbut (UK) 2. Ms Sheila Menon (Malaysia)</p> <p>Chairperson: Ms Thanam Selva</p> <p>Conference Hall 1</p>	<p>S19: Malaysian Palm Oil Sponsored Symposium: Optimizing Dietary Factors in Oils and Fats for Healthy Aging</p> <p>(1) The Role of Dietary Fats in Degenerative Disease versus Healthy Aging: Evidence & Updates (2) Palm Oil as a Preferred Dietary Component in a Healthy Aging Lifestyle. (3) Palm Based Vitamin E: An Overview.</p> <p>1. Prof Dr Pramod Khosla (USA) 2. Dr Kalyana Sundram (M'sia) 3. Prof Dr Yuen Kah Hay (M'sia)</p> <p>Chairperson: Dr Wong Teck Wee</p> <p>Conference Hall 2</p>	<p>S20: Prevention Immunization Sponsored Symposium by Pfizer</p> <p>Dr Christopher Lee</p> <p>Chairperson: Assoc Prof Loong Yik Yee</p> <p>Conference Hall 3</p>	<p>S21: Mainstream ways to managing stress</p> <p>(1) Understanding Stress Towards Management (2) Thinking your way to Good Health - Cognitive Behavioural Therapy</p> <p>1. Mr Paul Jambunathan (M'sia) 2. Assoc Prof Dr. Stephen Jambunathan</p> <p>Chairperson: Prof M.P. Deva</p> <p>Room 304 & 305</p>	<p>W18: Healthy Children Prenatal health and Endocrinology</p> <p>Dato Dr Selvam Rengasamy (M'sia)</p> <p>Chairperson: Prof Norlijah Othman</p> <p>Room 306</p>

*The organiser reserves the right to make changes and adjustments as needed.

12.00 - 1.00pm	<p>F5: Lifestyle Homes</p> <p><i>Mr David Lane (Australia)</i></p> <p>Chairperson: Assoc Prof Nathan Vytialingam</p> <p>Conference Hall 1</p>	<p>F6: Tsao Foundation Strategies to Ageing Successfully: The Tsao Foundation's programme model – Forum sponsored by Tsao Foundation.</p> <p>1. <i>Dr Ng Wai Chong (S'pore)</i> 2. <i>Dr Mary Ann Tsao (S'pore)</i> 3. <i>Ms Susana Concorde Harding (S'pore)</i></p> <p>Chairperson: Dr Richard Lim Boon Leong</p> <p>Conference Hall 2</p>	<p>W19: Maintaining your youthful look Aesthetics and cosmetics</p> <p><i>Dr Yap Loke Huei (Malaysia)</i></p> <p>Chairperson: Prof Rozi Mahmud</p> <p>Conference Hall 3</p>	<p>W20: Healthy Ageing Socially, Psychologically and Biologically</p> <p><i>Prof Suresh Rattan (Denmark)</i></p> <p>Chairperson: Ms Carolyn Webster</p> <p>Room 304 & 305</p>	<p>O8: Care & Support - Community Issues In Healthy Ageing</p> <p>(1) Care and support during twilight years: Perception of Elderly from rural India on their children (2) Healthy ageing at work: how the implementation of an ecological approach to aged care benefits its workers (3) Promoting and advocating age-friendly healthcare in the Thar Desert, India (4) To drive or not to drive: challenges for GPs in assessing and managing driving competence in older patients (5) Developing a self-care guideline for community-dwelling older people with faecal incontinence in Indonesia (6) Prevalence of metabolic syndrome (MS) among postmenopausal women and its associated factors at Gynaecology clinic, Hospital Universiti Sains Malaysia (HUSM).</p> <p>1. <i>Dr Dhananjay Bansod (India)</i> 2. <i>Ms Pam Castle (Australia)</i> 3. <i>Dr Prakash Tyagi (India)</i> 4. <i>Dr Jane Sims (Australia)</i> 5. <i>Mr I Gede Putu Darma Suyasas (Australia)</i> 6. <i>Dr Habibah Abdul Hamid (M'sia)</i></p> <p>Chairperson: Dr Bharathi Vengadasalam</p> <p>Room 306</p>
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1.00 - 2.30pm	Lunch Grand Ballroom				
2.30 - 3.15pm	<p>L10: Environment Ageing and Nature</p> <p><i>Tan Sri Dr Mustapha Babjee (Malaysia)</i></p> <p><i>Chairperson: Assoc Prof Dr. P. G. Joseph</i></p> <p>Conference Hall 1</p>	<p>L11: Spirituality Scientist's Perspective on Spirituality</p> <p><i>Prof Suresh Rattan (Denmark)</i></p> <p><i>Chairperson: Dr Thambyrajah</i></p> <p>Conference Hall 2</p>	<p>L12: Body Inflammation and Degenerative Diseases</p> <p><i>Dr Abd Aziz Haji Kechil (Malaysia)</i></p> <p><i>Chairperson: Dr Siva Poobalasingam</i></p> <p>Conference Hall 3</p>	<p>L13: Caring Hospice Care</p> <p><i>Datuk Seri Dr T. Devaraj (Malaysia)</i></p> <p><i>Chairperson: Assoc Prof Tan Maw Pin</i></p> <p>Room 304 & 305</p>	<p>O9: Paradigms For A Holistic Approach to Healthy Ageing</p> <p>(1) The Value of Local Wisdom Transfer for the Elderly People (2) System and Behavioural Redundancy in Technology Deployed to Support Active Ageing. (3) Population Aging in Asia: Challenges to Family Support for Ensuring a Healthy Aging Lifecourse (4) Promoting Healthy Ageing In Depressed Elderly Patients</p> <p>1. Assoc Prof Wannipa Bunrayong (Thailand) 2. Professor Stephen Benton (UK) 3. Dr James McNally (USA) 4. Assoc Prof Anis Rashid</p> <p><i>Chairperson: Dr Md Shariful Hasan Sumon</i></p> <p>Room 306</p>

3.15 - 4.45pm	<p>W21: Health Okinawan Lifestyle - Then and Now</p> <p><i>Emeritus Prof Makoto Suzuki (Japan)</i></p> <p>Chairperson: Ms Tan Yoke Hwa</p> <p>Conference Hall 1</p>	<p>W22: Ageing & Falls Falls & Injury Prevention</p> <p><i>Prof Keith Hill (Australia) & Dr Lee Fatt Soon (Malaysia)</i></p> <p>Chairperson: Assoc Prof Roohi</p> <p>Conference Hall 2</p>	<p>S22: Healthy Heart</p> <p>(1) Cardiovascular: Latest technology in screening the heart (2) Use of different cooking oils/ edible oils and their cardiovascular effects</p> <p><i>1. Dr Wong Teck Wee (M'sia) 2. Assoc Prof Dr Tony Ng (M'sia)</i></p> <p>Chairperson: Dr Kalyana Sundram</p> <p>Conference Hall 3</p>	<p>S23: Women's Health</p> <p>(1) The evolution of breast cancer across ages (2) Embrace the Change</p> <p><i>1. Dr Harjit Kaur 2. Dr Premitha Damodaran</i></p> <p>Chairperson: Dr Renu Gopinath</p> <p>Room 304 & 305</p>	<p>S24: Molecular Biology of Natural Ways to Promote Healthy Ageing</p> <p>(1) Stress chaperone mortalin in mitochondrial functions and age-related neurodegeneration (2) Ashwagandha leaf-derived factors for healthy ageing (3) Intermittent fasting dietary restriction as neurohormetin for healthy ageing</p> <p><i>1. Prof Renu Wadhwa (Japan) 2. Dr Sunil Kaul (Japan) 3. Prof Gurcharan Kaur (India)</i></p> <p>Chairperson: Assoc Prof Johnson Stanslas</p> <p>Room 306</p>
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010: Physical determinants to ageing

- (1) Time use of people with multiple chronic diseases in Australia
- (2) The cultural perspectives of physical activity and its barriers in older Malays with Type 2 Diabetes
- (3) Blood pressure control and its associated factors among older persons with hypertension
- (4) Manipulative dexterity and handgrip strength are associated with greatest difficulty with multiple meal preparation/ consumption tasks in homebound older adults
- (5) Age ≥ 60 years was an Independent Risk Factor for Diabetes-related Complications in Patients with Type 2 Diabetes Mellitus in Malaysia
- (6) e-Health and its potential for elderly people

1. Ms Tanisha Jowsey (Aus)
2. Dr Sazlina Shariff-Ghazali (Malaysia)
3. Dr Cheong Ai Theng (M'sia)
4. Prof Joseph Sharkey (USA)
5. Dr Chew Boon How (M'sia)
6. Prof Henrique Gil Gil

Chairperson: Dr Tunku Muzafar Shah bin Tunku Jaafar

Conference Hall 1

011: Being Mindful of Ageing Matters

- (1) Information processing deficits during the performance of instrumental activities of daily living in elderly with dementia
- (2) Relationship of Family Function and Depression in the Elderly at the Out-patient Department of Veterans Memorial Medical Center
- (3) The Importance of Knowing One's Personal Boundaries or Personal Space as a Means of Ageing Healthily
- (4) How Meditation Helps in Healthy Ageing
- (5) Medical social Workers Supports Of Home Care For Terminal Dementia Patients And Families

1. Asst. Prof Dr Phuanjai Rattakom
2. Dr Carmina Leoncio (Philippines)
3. Raymund Augustine (Germany)
4. Raymund Augustine (Germany)
5. Dr Aya Seike

Chairperson: Dr Bharathi Vengadasalam

Conference Hall 2

012: Society and Ageing

- (1) A Trans-disciplinary Study On Representation Of Aging Across Cultures.
- (2) Understanding the personal and professional needs of the elderly clients in preparing for meaningful retirement years
- (3) Neighbor support for older people in the Netherlands
- (4) Older Men's Re-entry into the Labor Force in Singapore: Does Health Status Play a Role?
- (5) Study on knowledge, attitudes and practices among adult aptients on the use of selected herbal products and dietary supplements at the out-patient dept of the Veterans Memorial Medical Center
- (6) Relationship between depressive symptoms and subsequent mortality and role of disabilities across age groups: A prospective population-based study
- (7) Holistic Perineal Solution for Holistic Ageing

1. Dr Sylvie Sanchez (Switzerland)
2. Dr Haniza Rais (Malaysia)
3. Mrs Hanna Van Dijk (The Netherlands)
4. Dr Treena Wu (Singapore)
5. Dr Noel Laxamana (Philippines)
6. Prof Slimane Belbraouet (Qatar)
7. Dr Chew Heng Hai (Malaysia)

Chairperson: Dr Nugroho Abikusno

Conference Hall 3

013: Updates On A Healthy Ageing Body

- (1) Modulatory effects of unsaturated fatty acids on metabolic syndrome in menopause induced rats
- (2) Beneficial Effects of Malaysian Tualang Honey on Anxiety Behavior in Ovariectomized Rats Exposed to Social Instability Stress
- (3) Therapeutic effects of Nigella sativa (Black seed) enopauseassociated metabolic syndrome: A crossover study
- (4) Muscle Health Promotion System For Prevention Of Muscle Function Decrease
- (5) The Relationship Between CVD And Nutrition Risk In Octogenarians
- (6) Sinuses and airways cleaning exercises and healthy ageing inter relationship

1. Prof Latiffah A. Latiff (Malaysia)
2. Ms Badriya al-rahbi (Malaysia)
3. Prof Latiffah A. Latiff (Malaysia)
4. Prof Cheolmin Kim (Korea)
5. Dr Ruth Teh (New Zealand)
6. Mr M. Prakash Rao (India)

Chairperson: Assoc Prof Philip George

Room 304 & 305

014: Medical Issues In Healthy Ageing

- (1) Vascular Age Sustainability in Ageing Health Management
- (2) Gamma-Tocotrienol Protects Human Neuroblastoma SH-SY5Y cells against Buthionine Sulfoximine - Induced Cell Death
- (3) Body Mass Index And Waist Circumference As Predictors Of Mortality Among Older Singaporeans
- (4) Evaluation the impact of age on severe sepsis and septic shock survivors outcomes after A-year hospital discharge
- (5) Management Of Distal Radius Fracture In Elderly Patients
- (6) Leisure Physical Activity Among The Elderly Community Dwellers In A Suburban District In Selangor

1. Dr Kalaivani Chellappan (Malaysia)
2. Mr Jen Kit TAN (Malaysia)
3. Assoc Prof Angelique Chan (s'pore)
4. Mr Mustafa Alkhalaf (M'sia)
5. Assoc Prof Manohar Arumugam (Malaysia)
6. Dr Zaiton Ahmad (Malaysia)

Chairperson: Dr Zanariah Othman

Room 306

Evening Coffee Break / Exhibition & Posters Viewing
Banquet Hall

DAY 4: Thursday, 22nd March 2012

TIME	PROGRAMME				
8.00 - 8.30am	Laughter- The last laugh <i>Ms Karen SZE THO (M'sia)</i> Conference Hall 1				
8.30 - 9.15am	P7: New Approaches to Healthy Ageing from Across the Globe <i>Moderator: Melissa Mitchell</i> 1. <i>Melissa Mitchell (United States)</i> 2. <i>Lynette Ladenburg (United States)</i> 3. <i>Prof. Anindya Mishra (India)</i> 4. <i>Gregor Rae (United Kingdom)</i> Conference Hall 2				
9.15 - 10.00am	P8: Healthcare for the aged in the next decade – Legal problems and prospects <i>Dato' Mahadev Shankar</i> <i>Chairperson: Ms Ranuga Devy Packrisamy</i> Conference Hall 2				
10.00 - 10.30am	Morning Coffee Break / Exhibition & Posters Viewing Banquet Hall				
10.30 - 12.00pm	S25: Beautiful Skin (1) The Skin - A Very Visible Organ from Womb to Tomb (2) Ageing Skin .. What can be camouflaged and what can be changed 1. <i>Prof Rokiah Ismail (Malaysia)</i> 2. <i>Dr Henry Foong (Malaysia)</i> <i>Chairperson: Prof Rokiah Ismail</i> Conference Hall 1	S26: Stem Cells (1) Overview of stem cells therapy (2) Is there a role for stem cells in healthy ageing 1. <i>Assoc Prof Chin Sze Piaw</i> 2. <i>Dr Rajbans Singh</i> <i>Chairperson: Dr Rajbans Singh</i> Conference Hall 2	S27: Community Issues from around the world (1) Health promotion programs in Hawaii (2) Social Problem at the Aged Population of Bangladesh 1 <i>Dr Kathryn Braun (USA)</i> 2. <i>Nehal Karim (Bangladesh)</i> <i>Chairperson: Dr Richard Lim Boon Leong</i> Conference Hall 3	W23: Qigong Qigong for Health and Healing <i>Dr Amir Farid (Malaysia)</i> <i>Chairperson: Dr Sharon Chong</i> Room 304 & 305	O15: Body (1) Factors associated with quality of life and sexual satisfaction among perimenopausal and menopausal women residing in Klang Valley (2) Overcoming the barrier and seeking treatment for Urinary Incontinence: A qualitative study (3) The Prevalence And Determinants Of Left Ventricular Hypertrophy Amongst Elderly Hypertensive In An Asian Multi-Ethnic Population (4) Hypertension among the Saudi Elderly 1. <i>Dr Renu Gopinath</i> 2. <i>Mrs Minoos Pakgozar (Iran)</i> 3. <i>Dr Ching Siew Mooi (M'sia)</i> 4. <i>Prof Sulaiman Alshammari</i> <i>Chairperson: Assoc Prof Tan Maw Pin</i> Room 306

12.00 - 1.00pm	<p>W24: Legal Issues Human rights, age discrimination; Isolation & neglect; Advocacy to policy - best practice examples, etc</p> <p><i>Datuk Dr Khaw Lake Tee (M'sia)</i></p> <p>Chairperson: Mr Mahathir</p> <p>Conference Hall 1</p>	<p>W25: Environment Recycling Therapy (RT) for physical, mental and environmental health</p> <p><i>Dr Lin Chin Lon (Taiwan)</i></p> <p>Chairperson: Dr. Wong Teck Wee</p> <p>Conference Hall 2</p>	<p>F7: Sexuality as a mark of overall health (1) Men's issues (2) Women's Issues</p> <p>1. Prof George Lee (M'sia) 2. Dr Mohamad Farouk</p> <p>Chairperson: Dr Renu Gopinath</p> <p>Conference Hall 3</p>	<p>F8: Nursing Homes (1) Issues and Implications (2) Japanese Nursing Homes in the Universal-Service Oriented Long-term Care</p> <p>1. Mr K. Siladass (Malaysia) 2. Emeritus Prof Takeo Ogawa (Japan)</p> <p>Chairperson: Mr Nathan Vytialingam</p> <p>Room 304 & 305</p>	<p>O16: Mind (1) New Trends of Elderly People in Japan (2) Preference for quality of life or survival: Results from Survey on Preferences for end-of-life care among Singaporeans (3) Implementation of the Living Longer Living Stronger™ community strength training program into a residential care environment</p> <p>1. Professor Dr Someya Yoshika (Japan) 2. Dr Chetna Malhotra (S'pore) 3. Mr Nathan JT Trengove (Aus)</p> <p>Chairperson: Dr Reiko Ogawa (Japan)</p> <p>Room 306</p>
1.00 - 2.00pm	<p>Lunch Grand Ballroom</p>				

2.00 - 2.45pm	<p>L14: Yoga Yoga Therapy and Cancer: Research Update</p> <p>Prof Nagendra (India)</p> <p>Chairperson: Dr Siva Poobalasingam</p> <p>Conference Hall 1</p>	<p>S28: Vegetarianism Plant-based diets for Earth, Health and Soul</p> <p>Dr Lin Chin Lon (Taiwan)</p> <p>Chairperson: Prof Dr Tony Ng</p> <p>Conference Hall 2</p>	<p>S29: Healthy Aging is Active Aging - Sponsored Symposium by ACAP</p> <p>(1) Health status and functional capacity of Indonesian elderly (2) Exercise as a countermeasure to sarcopenia, functional decline, and falls (3) Muscle health promotion system for prevention of muscle function decrease</p> <p>1. Dr Evi Nurvidya Arifin (S'pore) 2. Dr Tim Henwood (Australia) 3. Dr Cheol Min Kim (Korea)</p> <p>Chairperson: Dr Tri Budi Rahardjo</p> <p>Conference Hall 3</p>	<p>F9: Work - sponsored Forum by Malaysian Occupational Therapist Association Redefining Retirement</p> <p>1. Ms Thelma Kay (S'pore) 2. Ms Carolyn Webster (Australia)</p> <p>Chairperson: Mr K Siladass</p> <p>Room 304 & 305</p>	<p>W26: Community Living Eco-community living – A sustainable solution to the ageing society</p> <p>Mr. S.W. Long (M'sia)</p> <p>Chairperson: Mr Chandra Kannan</p> <p>Room 306</p>
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2.45 - 4.15pm	<p>S30: Social Policy for Long-Term Care – Sponsored Symposium by ACAP</p> <p>(1) Social Policy and the long-term care workforce in Japan (2) Southeast Asian migrants and care work in Japan (3) Social policy and long-term care in Singapore (4) Filipinos in Hawaii: Cultural Propensity for Healthcare, Work and Training Issue</p> <p>1. Emeritus Prof Dr Takeo Ogawa (Japan) 2. Dr Reiko Ogawa (Japan) 3. Ms Thelma Kay (S'pore) 4. Dr Cullen T. Hayashida (USA)</p> <p><i>Chairperson: Prof Dr Kathryn Braun</i></p> <p>Conference Hall 1</p>	<p>S31: General Overview of Financing Options for the Care of Ageing Populations: The Singapore Model</p> <p>(1) Financing the Care of Ageing Populations: The Singapore Model (2) Ideal Healthcare Financing for the Elderly in Malaysia</p> <p>1. Prof Phua Kai Hong (S'pore) 2. Dr Mary Wong (Malaysia)</p> <p><i>Chairperson: Mr Dominic Xavier</i></p> <p>Conference Hall 2</p>	<p>S32: Oncology Nutritional Therapy for Controlling Malignant Growth</p> <p>1. Dato' Steve Yap (Malaysia) 2. Dr Mohamad Roji b Samidi (Malaysia)</p> <p><i>Chairperson: AssocProf Johnson Stanslas</i></p> <p>Conference Hall 3</p>
4.15 - 4.30pm	<p>Closing Remark Conference Hall 2</p>		
4.30 - 5.00pm	<p>Evening Coffee Break Banquet Hall</p>		